

Hazel Grove Primary School

PSHE, Anti-bullying, SEAL, Drug, Citizenship, SMSC, RSE, Safeguarding, Prevent Framework Overview Links

NURSERY	SEAL	PSHE/ ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
<p>Nursery Autumn 1</p>	<p>NEW BEGINNINGS</p> <p>Belonging Self-awareness 3. Understanding rights and responsibilities 4. Understanding my feelings 5. Managing my feelings Social skills 7. Understanding the feelings of others</p>	<p>Personal Hygiene - washing hands, using tissues etc.</p> <p>ABCD: E safety</p>	<p>DATE Spiral Curriculum: Activity 1 Pupils will be able to identify and name some feelings.</p>	<p>Rules - Class rules, school rules.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching RSE with conf: Lesson 1 One day</p> <p>Dressing and undressing by myself/hygiene</p>	<p>Friendship & responsibility online Story Book - Digiduck's big decision Available to order or download http://www.childnet.com/resources/digiducks-big-decision</p> <p>Prevent: Respect myself, respect my friends. http://www.preventforschools.org/index.php?category_id=64</p>
<p>Nursery Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <p>Conflict resolution 2. Cooperation 3. Resolving conflicts 4. Managing feelings 5. Friendship</p>	<p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 2 Interpret facial expressions.</p>	<p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Making friends - who is your friend?</p>	

<p>Nursery Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing myself 2. My goal is.... 3. Keeping going 	<p>People who help us stay safe.</p> <p>ABCD: Disability</p>	<p>DATE Spiral Curriculum: Activity 3 Make simple choices about some aspects of their health and well-being.</p>	<p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>Teaching SRE with conf: Lesson 2 Keeping Ourselves Clean</p> <p>Agreeing how we can work together - code of behaviour</p>	<p>Keeping safe on the Internet Storybook - The adventures of Smartie the Penguin e-book - available as a download http://www.childnet.com/resources/smartie-the-penguin-e-book</p> <p>Prevent: Respect my community http://www.preventforschools.org/index.php?category_id=64</p>
<p>Nursery Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> Feeling good about myself 2. Understanding my feelings - happy, proud 3. Standing up for myself 	<p>ABCD: Homophobia 1</p>		<p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>How am I different/the same as other people?</p>	
<p>Nursery Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Understanding my feelings - fair and unfair 	<p>Right and wrong - telling lies, stealing, hurting others and so on.</p> <p>ABCD: Homophobia 2</p>	<p>DATE Spiral Curriculum: Activity 4 Make simple choices about some aspects of their health and well being.</p>	<p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>Teaching SRE with conf: Lesson 3 Families</p> <p>Working as part of a group - how can we work together as a team?</p>	<p>Using the Internet Safely Lee & Kim from ThinkUKnow Teachers Portal https://www.thinkuknow.co.uk/teachers/</p> <p>Prevent: Respect my world. country http://www.preventforschools.org/index.php?category_id=64</p>

Nursery Summer 2	CHANGES 1. How we change over time 2. Dealing with change and making change happen	ABCD: Race		RA Values Circles Growth Mind- set Language	Differences between boys and girls - what is good about being a boy/girl, not so good about being a boy/girl?	
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RECEPTION	SEAL	PSHE/ ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
Reception Autumn 1	NEW BEGINNINGS 1. Belonging 2. Self-awareness 3. Understanding rights and responsibilities 4. Understanding my feelings 5. Managing my feelings 6. Social skills 7. Understanding the feelings of others	Personal Hygiene - washing hands, using tissues etc. ABCD: E safety	DATE Spiral Curriculum: Activity 1 Pupils will be able to identify and name some feelings.	Rules - Class rules, school rules. RA Values Circles Growth Mind- set Language	Teaching SRE with conf: Lesson 1 One day Dressing and undressing by myself/hygiene	Friendship & responsibility online Story Book - Digiduck's big decision Available to order or download http://www.childnet.com/resources/digiducks-big-decision Prevent: Respect myself, respect my friends. http://www.preventforschools.org/index.php?category_id=64

<p>Reception Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Conflict resolution 2. Cooperation 3. Resolving conflicts 4. Managing feelings 5. Friendship 	<p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 2 Interpret facial expressions.</p>	<p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Making friends - who is your friend?</p>	
<p>Reception Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing myself 2. My goal is... 3. Keeping going 	<p>People who help us stay safe.</p> <p>ABCD: Disability</p>	<p>DATE Spiral Curriculum: Activity 3 Make simple choices about some aspects of their health and well-being.</p>	<p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Keeping Ourselves Clean</p> <p>Agreeing how we can work together - code of behaviour</p>	<p>Keeping safe on the Internet Storybook - The adventures of Smartie the Penguin e-book - available as a download http://www.childnet.com/resources/smartie-the-penguin-e-book</p> <p>Prevent: Respect my community http://www.preventforschools.org/index.php?category_id=64</p>
<p>Reception Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself 2. Understanding my feelings - happy, proud 3. Standing up for myself 	<p>ABCD: Homophobia 1</p>		<p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>How am I different/the same as other people?</p>	

Reception Summer 1	RELATIONSHIPS 1. Understanding my feelings - fair and unfair	Right and wrong - telling lies, stealing, hurting others and so on. ABCD: Homophobia 2	DATE Spiral Curriculum: Activity 4 Make simple choices about some aspects of their health and well-being.	RA Values Circles Growth Mind-set Language	Teaching SRE with conf: Lesson 3 Families Working as part of a group - how can we work together as a team?	Using the Internet Safely Lee & Kim from ThinkUKnow Teachers Portal https://www.thinkuknow.co.uk/teachers/ Prevent: Respect my world. country http://www.preventforschools.org/index.php?category_id=64
Reception Summer 2	CHANGES 1. How we change over time 2. Dealing with change and making change happen	ABCD: Race		RA Values Circles Growth Mind-set Language	Differences between boys and girls - what is good about being a boy/girl, not so good about being a boy/girl?	

YEAR 1	SEAL	PSHE/ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
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<p>Year 1 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Creating a community. 2. What if there is a problem? 3. Focus on feelings. 4. Calming down. 5. Self-awareness. 6. New beginnings. 	<p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Staying Healthy</p> <p>DATE Spiral Curriculum: Make simple choices about some aspects of their health and well-being. Activity 1 and 2.</p>	<p>Character: Section 2 Developing Me, Self-Awareness Pg 5</p> <p>CU1 Taking Part Sections 1, 2,3,4,5.</p>	<p>Teaching SRE with conf: Lesson 1 Keeping Clean</p> <p>SRE Spiral Curriculum: Activity 1, 2 - Feelings.</p>	<p>Friendship & responsibility online Story Book - Digiduck's big decision Available to order or download http://www.childnet.com/resources/digiducks-big-decision</p> <p>Prevent: Respect myself, respect my friends. http://www.preventforschools.org/index.php?category_id=64</p>
<p>Year 1 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Friendship and working together. 2. Listening well. 3. Friendship, getting angry and falling out. 4. Friendship and making up. 	<p>Road Safety</p> <p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Make simple choices about some aspects of their health and well-being. Activity 3.</p>	<p>Character: Section 2 Developing Me, Values Pg 11</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 2, 3 - Feelings.</p>	<p>Keeping safe on the Internet Storybook - The adventures of Smartie the Penguin e-book - available as a download http://www.childnet.com/resources/smartie-the-penguin-e-book</p>

<p>Year 1 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing myself. 2. Setting our goals. 3. Just because..... 4. The problem-solving process. 	<p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Medicines</p> <p>DATE Spiral Curriculum: Make simple choices about some aspects of their health and well-being. Activity 4 - understanding what medicines are.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 15</p> <p>CU3 Animals and Us Sections 1 and 2</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Growing and Changing</p> <p>SRE Spiral Curriculum: Activity 4, 5 - Friends.</p>	<p>SMART rule for Keeping Safe on the Internet</p> <p>Childnet's SMART rules SMART Rules = Safe, Meet, Accepting, Reliable, Tell</p> <p>Animation - the adventures of Kara, Winston & the SMART crew - suitable for 6-11yrs</p> <p>Activities & Supporting resources http://www.childnet.com/resources/know-it-all-for-primary</p> <p>Also links to children's area of the website: http://www.childnet.com/young-people/primary</p> <p>A fuller list of resources can be found at: http://www.childnet.com/resources</p> <p>Prevent: Respect my community http://www.preventforschools.org/index.php?category_id=64</p>
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<p>Year 1 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Our gifts and talents. 2. Proud. 3. Anxiety and worrying. 	<p>Healthy Eating - making the right choices.</p> <p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Talk about harmful aspects of some household products and medicines and describe ways of keeping safe. Activity 5.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 17</p> <p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>SRE Spiral Curriculum: Activity 6, 7 - Friends.</p>	<p>SMART rule for Keeping Safe on the Internet</p> <p>Childnet's SMART rules SMART Rules = Safe, Meet, Accepting, Reliable, Tell</p> <p>Animation - the adventures of Kara, Winston & the SMART crew - suitable for 6-11yrs</p> <p>Activities & Supporting resources http://www.childnet.com/resources/know-it-all-for-primary</p> <p>Also links to children's area of the website: http://www.childnet.com/young-people/primary</p> <p>A fuller list of resources can be found at: http://www.childnet.com/resources</p>
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<p>Year 1 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. People who are important to us. 2. Understanding my feelings - proud and jealous. 3. Dealing with our hurt feelings without hurting others. 	<p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 Who Gives Us Medicines?</p> <p>DATE Spiral Curriculum: Using medicines safely. Activity 5.</p>	<p>Character: Section 2 Social Effectiveness Pg 22</p> <p>CU5 <i>Living in a Diverse World</i> Sections 1 and 2</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 3 Families and Care</p> <p>SRE Spiral Curriculum: Activity 8, 9, 10, 11 - Growing up.</p>	<p>Using the Internet Safely Lee & Kim from ThinkUKnow Teachers Portal https://www.thinkuknow.co.uk/teachers/</p> <p>Links to the 5-7 children's area of the TUK website https://www.thinkuknow.co.uk/5_7/</p> <p>Prevent: Respect my world/ country http://www.preventforschools.org/index.php?category_id=64</p>
<p>Year 1 Summer 2</p>	<p>CHANGES</p> <ol style="list-style-type: none"> 1. How we change over time. 2. Making change happen. 	<p>ABCD: Race</p>	<p>DATE Spiral Curriculum: Where should medicines be kept? Activity 6.</p>	<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 12, 13, 14, 15, 16 - Growing up.</p>	<p>Using the Internet Safely Hector's World from ThinkUKnow Teachers Portal https://www.thinkuknow.co.uk/teachers/</p> <p>Links to the 5-7 children's area of the website. https://www.thinkuknow.co.uk/5_7/</p>

YEAR 2	SEAL	PSHE/ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
<p>Year 2 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Building a community. 2. Exploring feelings. 3. Calming down. 4. Welcoming others. 5. What if there is a problem? 6. The flag challenge. 7. New beginnings. 	<p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Risk</p> <p>DATE Spiral Curriculum: Activity 2 and 3. Medicines: types in the home, what we may have taken as children, safety and safe storage of medicine.</p>	<p>Character: Section 2 Developing Me, Self- Awareness Pg 5</p> <p>CU2 Choices Sections 1,2,3,4</p> <p>RA Values Circles</p> <p>Growth Mind- set Language</p>	<p>Teaching SRE with conf: Lesson 1 Differences Boys and Girls</p> <p>SRE Spiral Curriculum: Activity 1, 2 and 3 - Friendship, family and feelings.</p>	<p>General online safety Safer Internet Day resources available from the UK Safer Internet Centre</p> <p>Let's create a better internet together (2015) http://www.saferinternet.org.uk/safer-internet-day/2015</p> <p>Prevent: Respect myself, respect my friends. http://www.preventforschools.org/index.php?category_id=64</p>

<p>Year 2 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Friendship and compliments. 2. Seeing another point of view. 3. Managing anger. 4. Working together. 	<p>Diseases - spread of diseases - washing hands, using tissues, keeping clean etc.</p> <p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 1 - People who are special to me. Express positive qualities about their feelings.</p>	<p>Character: Section 2 Developing Me, Values Pg 11</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 2 and 3 - Friendship, family and feelings.</p>	<p>General online safety Video - Can I be your friend - English National Opera available on YouTube</p> <p>Explores the language of social networking/ virtual world and prompts viewers to question whether we would take this action in the real world.</p> <p>https://www.youtube.com/watch?v=aDycZHOCA4I</p>
<p>Year 2 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing how I learn best. 2. You can't eat an elephant in one bite. 3. Persistence. 4. Putting it all together. 	<p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Hazardous Substances</p> <p>DATE Spiral Curriculum: Activity 2, 3. Make simple choices about some aspects of their health and well-being.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 15</p> <p>CU4 People who help us Sections 1, 2 and 3</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Differences Male and Female</p> <p>SRE Spiral Curriculum: Activity 4 - Friendship, family and feelings</p>	<p>CyberBullying Use the primary anti-bullying resource pack</p> <p>Prevent: Respect my community http://www.preventforschools.org/index.php?category_id=64</p>

<p>Year 2 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself. 2. Relaxed. 3. Relaxing. 4. Assertiveness. 5. Daphne Dinosaur and Olive Owl. 	<p>Physical Activity- Keeping Healthy. Exercise - how our bodies feel different.</p> <p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Activity 4.</p> <p>Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 17</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 5 - Friendship, family and feelings</p>	<p>Trolls Beware of lurking trolls</p> <p>There is a downloadable story book, a top tips leaflet and a poster available from the link below.</p> <p>https://www.portsmouth.gov.uk/ext/learning-and-schools/learning/beware-of-lurking-trolls!.aspx</p> <p>There is also a video on YouTube</p> <p>https://www.youtube.com/watch?v=d8D8i0fO3Uo</p> <p>and a Facebook page to engage with for updates.</p> <p>https://www.facebook.com/lurkingtrolls</p>
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<p>Year 2 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Understanding our feelings - loved, cared for. 2. Leaving home. 3. Important people and things. 4. Feeling lonely and feeling included. 	<p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 Safety Rules</p> <p>DATE Spiral Curriculum: Activity 5. Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Social Effectiveness Pg 2</p> <p>CU5 Diverse World Sections 3 and 4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 3 Naming the Body Parts</p> <p>SRE Spiral Curriculum: Activity 7, 8 - Growing up and safety.</p>	<p>General Safeguarding The Underwear Rule (PANTS) This is a resource aimed at supporting parents to have conversations with their children about keeping safe from abuse without mentioning sex. Helps children understand that some areas of their body are private.</p> <p>Use this web-link: http://www.nspcc.org.uk/help-and-advice/for-parents/keeping-your-child-safe/the-underwear-rule/the-underwear-rule_wda97016.html?utm_source=google&utm_medium=cpc&utm_campaign=Underwear_Rule_BND_B&utm_term=the_underwear_rule_nspcc&gclid=CIDfqbrzjcACFYofwwodzEwAyQ&gclidsrc=aw.ds</p> <p>Prevent: Respect my world/ country http://www.preventforschools.org/index.php?category_id=64</p>
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<p>Year 2 Summer 2</p>	<p>CHANGES</p> <p>1. Changing our behaviour.</p>	<p>ABCD: Race</p>	<p>DATE Spiral Curriculum: Activity 6. Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 8, 9 - Growing up and safety.</p>	<p>General online safety Safer Internet Day resources available from the UK Safer Internet Centre Let's create a better internet together (2015) Creating a better internet (2014) Connect with respect (2013) Discovering the digital world together safely (2012) Virtual lives (2011) http://www.saferinternet.org.uk/safer-internet-day/2015</p>
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<p>YEAR 3</p>	<p>SEAL</p>	<p>PSHE/ABCD (Anti-bullying Celebrating Difference)</p>	<p>DRUG Education</p>	<p>Citizenship/ Character Education/ SMSC/ RA</p>	<p>Relationship and Sex Education</p>	<p>Keeping Safe on the Internet/ Prevent</p>
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<p>Year 3 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Getting to know each other. 2. Gifts and talents. 3. The class charter. 4. Exploring feelings. 5. Calming down. 6. The problem-solving process. 7. Welcoming people to our group. 8. New beginnings. 	<p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Why People Smoke</p> <p>DATE Spiral Curriculum: Activity 2 and 3.</p> <p>Medicines: types in the home, what we may have taken as children, safety and safe storage of medicine.</p>	<p>Character: Section 2 Developing Me, Self-Awareness Pg 29</p> <p>CU3 Animals and us Sections 3 and 4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 1 Differences Male and Female</p>	<p>SMART rule for Keeping Safe on the Internet</p> <p>Childnet's SMART rules children safe online.</p> <p>SMART Rules = Safe, Meet, Accepting, Reliable, Tell</p> <p>Animation - the adventures of Kara, Winston & the SMART crew - suitable for 6-11yrs</p> <p>Activities & Supporting resources http://www.childnet.com/resources/know-it-all-for-primary</p> <p>Also links to children's area of the website: http://www.childnet.com/young-people/primary</p>
<p>Year 3 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Revisiting the skills of friendship. 2. Revisiting anger. 3. Making up. 	<p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 1 - People who are special to me. Express positive qualities about their feelings.</p>	<p>Character: Section 2 Developing Me, Values Pg 34</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 16, 17, 18 - Safety. (Forming their opinion.)To give their opinions and to know that their actions affect themselves and others.</p>	<p>Prevent: A Rich Tapestry - A celebration of every person's contribution to the world around them http://www.preventforschools.org/index.php?category_id=65</p>

<p>Year 3 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing how we are clever. 2. Scaling. 3. Foil frustrations - beat boredom. 4. Taking responsibility. 5. Going for a goal. 6. Weighing up the consequence. 	<p>Dental Health - Looking after our Teeth - bacteria.</p> <p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Physical Effects of Smoking</p> <p>DATE Spiral Curriculum: Activity 2, 3. Make simple choices about some aspects of their health and well-being.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 37</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Personal Space</p>	<p>Using the Internet Safely CyberCafe - from ThinkUKnow https://www.thinkuknow.co.uk/teachers</p> <p>links to 8-10 year old children's area of the TUK website https://www.thinkuknow.co.uk/8_10/</p>
<p>Year 3 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself. 2. Surprised. 3. Being assertive. 4. Worried and anxious. 5. Relaxation and visualisation. 	<p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Activity 4. Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 39</p> <p>CU4 People who help us Sections 4 and 5</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 9, 10, 11, 12, 13, 14, 15 - Growing up. What's Up - It's different for me.</p>	

<p>Year 3 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Special people. 2. Guilty. 3. Making amends. 4. Taking responsibility. 5. Making wise choices. 6. Sticks and stones. 	<p>Keeping active, benefits of exercise, effects on the body.</p> <p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 No Smoking</p> <p>DATE Spiral Curriculum: Activity 5.</p> <p>Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Social Effectiveness Pg 43</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 3 Family Differences</p>	<p>General Online Safety Staying Safe Online resources for KS2</p> <p>http://www.tes.co.uk/teaching-resource/Staying-Safe-Online-Resources-for-Key-Stage-2-6400807/</p>
<p>Year 3 Summer 2</p>	<p>CHANGES</p> <ol style="list-style-type: none"> 1. Positive changes. 2. Change is normal. 3. Making a plan to bring about a change. 	<p>ABCD: Race</p>	<p>DATE Spiral Curriculum: Activity 6.</p> <p>Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p> <p>CU7 Children's rights/Human rights Sections 1, 2, 3.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 1, 2, 3, 4, 5, 6, 7, 8 - Feelings. The leaf collector - It's different for me.</p>	

YEAR 4	SEAL	PSHE/ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
<p>Year 4 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Creating a community. 2. The problem solving process. 3. Our class charter. 4. Welcoming people to our group. 5. Joining a new group. 6. Calming down. 7. New beginnings. 	<p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Effects of Alcohol</p> <p>DATE Spiral Curriculum: Activity 3. Children can identify band name some feelings and express some of their /others positive and negative qualities.</p>	<p>Character: Section 2 Developing Me, Self-Awareness Pg 29</p> <p>CU8 Rules Section 1,2,3,4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 1 Growing and Changing</p>	<p>General online safety Safer Internet Day resources available from the UK Safer Internet Centre Let's create a better internet together (2015) Creating a better internet (2014) Connect with respect (2013) Discovering the digital world together safely (2012) Virtual lives (2011) http://www.saferinternet.org.uk/safer-internet-day/2015</p>


<p>Year 4 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Key qualities in a friend. 2. Understanding anger. 3. Working together. 	<p>Healthy eating - a balanced diet, making the right choices.</p> <p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 1. Talk about harmful aspects of some household products and medicines and describe ways of keeping safe.</p>	<p>Character: Section 2 Developing Me, Values Pg 34</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 1, 2, 3, 4, 5 - Feelings and Friendship. To give their opinions and to know that their actions affect themselves and others.</p>	<p>Prevent: A Rich Tapestry - A celebration of every person's contribution to the world around them http://www.preventforschools.org/index.php?category_id=65</p>
<p>Year 4 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Knowing myself. 2. Feelings and learning. 3. Barriers to reaching learning goals. 4. Evaluation and review. 5. Perseverance. 6. Planning to meet a goal. 	<p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Alcohol and Risk</p> <p>DATE Spiral Curriculum: Activity 2. Make simple choices about some aspects of their health and well-being. Understanding the effects and risks of alcohol and tobacco.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 37</p> <p>CU1 Taking part Sections 6, 7, 8.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 What is Puberty?</p>	<p>General online safety Video - Can I be your friend - English National Opera available on YouTube</p> <p>Explores the language of social networking/ virtual world and prompts viewers to question whether we would take this action in the real world.</p> <p>https://www.youtube.com/watch?v=aDycZHOCA4I</p>

<p>Year 4 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself. 2. Hopeful and disappointed. 3. Hiding feelings. 4. Being assertive. 5. Fight or flight 	<p>Basic First Aid - Health and safety rules.</p> <p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Activity 5. Make simple choices about some aspects of their health and well-being. Distinguish between facts and myths about drugs.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 39</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 6, 7, 12, 23 - Growing up and safety. Consider social and moral dilemmas they may come across in life/peer pressure.</p>	
<p>Year 4 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Special people. 2. Loss. 3. Let's not forget. 	<p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 Limits to Drinking Alcohol</p> <p>DATE Spiral Curriculum: Activity 5. Describe ways of keeping safe.</p>	<p>Character: Section 2 Social Effectiveness Pg 43</p> <p>CU6 Developing our School Grounds Sections 1,2,3,4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 3 Puberty Changes and Reproduction</p>	<p>CyberBullying Use the primary anti-bullying resource pack</p>


<p>Year 4 Summer 2</p>	<p>CHANGES</p> <p>1. Imposed or unwelcome change. 2. Our responses to change.</p>	<p>ABCD: Race</p>		<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p>	<p>SRE Spiral Curriculum: Activity 8, 9, 10, 11 - Everyone is special/everyon e is different. Secret - it's different for me.</p>	
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<p>YEAR 5</p>	<p>SEAL</p>	<p>PSHE/ABCD (Anti-bullying Celebrating Difference)</p>	<p>DRUG Education</p>	<p>Citizenship/ Character Education/ SMSC/ RA</p>	<p>Relationship and Sex Education</p>	<p>Keeping Safe on the Internet/ Prevent</p>
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<p>Year 5 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Creating a community. 2. Our class charter. 3. Exploring feelings. 4. Welcoming and belonging. 5. New beginnings. 	<p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Legal and Illegal Drugs</p> <p>DATE Spiral Curriculum: Activity 1. Attitudes and values in our society. Explore attitudes, beliefs and stereotyping.</p>	<p>Character: Section 2 Developing Me, Self-Awareness Pg 29</p> <p>CU1 Taking part Sections 9 and 10</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 1 Talking About Puberty</p>	<p>Trolls</p> <p>Beware of lurking trolls</p> <p>There is a downloadable story book, a top tips leaflet and a poster available from the link below.</p> <p>https://www.portsmouth.gov.uk/ext/learning-and-schools/learning/beware-of-lurking-trolls!.aspx</p> <p>There is also a video on YouTube https://www.youtube.com/watch?v=d8D8i0fO3Uo and a Facebook page to engage with for updates. https://www.facebook.com/lurkingtrolls</p>
<p>Year 5 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Levels of friendship. 2. Managing conflict. 3. Making up. 4. Revisiting anger. 5. Taking responsibility. 6. Working together in groups. 	<p>Different cultures and customs.</p> <p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 5 and 7. List the commonly available substances and drugs that are legal and illegal.</p>	<p>Character: Section 2 Developing Me, Values Pg 34</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 1, 2, 3, 4, 5 - Ben and Adam - Its different for me. Feelings, friendships and relationships.</p>	<p>Prevent: Everybody has the right. http://www.preventforschools.org/index.php?category_id=68</p>

<p>Year 5 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Effective learners. 2. Role models. 3. Planning to reach a goal. 4. Hall of Fame and Role of Honour. 5. Applying what we have learned. 	<p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Attitudes to Drugs</p> <p>DATE Spiral Curriculum: Activity 2. Make judgements and decisions and list some ways of resisting negative peer pressure.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 37</p> <p>CU9 Respect for Property Sections 1,2,3,4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Male and Female Changes</p>	<p>General Safeguarding (links to Keeping Children Safe in Education requirement)</p> <p>Parental consent needed before you do this session.</p> <p>Childline Schools Service safeguarding presentation/ Workshop for Y5/Y6 on keeping safe</p> <p>This is an assembly followed by a classroom based workshop within 2 weeks of initial session.</p> <p>No cost.</p>  <p>Adobe Acrobat Document</p>
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<p>Year 5 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself. 2. Proud and boastful. 3. Mixed feelings. 4. Making choices. 5. Agreeing and disagreeing. 6. Understanding my feelings. 	<p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Activity 3. Express views confidently and listen to others and show respect for the views of others.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 39</p> <p>CU10 Local democracy Sections 1,2,3,4.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 12, 13, 14, 15 - Exploring media information. Families and safety.</p>	
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<p>Year 5 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. People around us. 2. Embarrassed. 3. Pick me up, don't put me down. 4. Don't judge a book by its cover. 	<p>Careers - different jobs people do.</p> <p>Disability Awareness.</p> <p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 Peer Pressure</p> <p>DATE Spiral Curriculum: Activity 4. Substances which are legal and illegal and their effects, exploring role models.</p>	<p>Character: Section 2 Social Effectiveness Pg 43</p> <p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>Teaching SRE with conf: Lesson 3 Puberty and Hygiene</p>	<p>Facebook Privacy settings, what information is being displayed online Crucial Crew presentation</p>  <p>Microsoft PowerPoint 97-2003 Presentator</p> <p>This should follow on from general online safety activity. Could be supported by Facebook Checklist leaflet from UK Safer Internet centre. (see Teacher page)</p>
<p>Year 5 Summer 2</p>	<p>CHANGES</p> <ol style="list-style-type: none"> 1. Common responses to change. 2. Understanding individual differences in our responses to change. 	<p>ABCD: Race</p>	<p>DATE Spiral Curriculum: Activity 6. Make judgements and decisions, list some ways of resisting negative peer pressure.</p>	<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p> <p>RA Values Circles</p> <p>Growth Mindset Language</p>	<p>SRE Spiral Curriculum: Activity 6, 7, 8, 9, 10, 11 - Double trouble - it's different for me. Growing up.</p>	

YEAR 6	SEAL	PSHE/ABCD (Anti-bullying Celebrating Difference)	DRUG Education	Citizenship/ Character Education/ SMSC/ RA	Relationship and Sex Education	Keeping Safe on the Internet/ Prevent
<p>Year 6 Autumn 1</p>	<p>NEW BEGINNINGS</p> <ol style="list-style-type: none"> 1. Building a community. 2. The class charter. 3. Focus on feelings. 4. Focus on managing feelings. 5. New beginnings. 	<p>Money and Personal Finance</p> <p>ABCD: E safety</p>	<p>Teaching Drugs with conf: Lesson 1 Cannabis</p> <p>DATE Spiral Curriculum: Activity 2. Attitudes and values in our society. Explore attitudes, beliefs and stereotyping.</p>	<p>Character: Section 2 Developing Me, Self-Awareness Pg 29</p> <p>CU11 In the Media Sections 1, 2, 3.</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 1 Puberty and Reproduction</p> <p>Real Love Rocks: Session 1 Healthy Relationships</p>	<p>Inappropriate information shared on the internet including photographs. Understanding of privacy settings. Knowing where to find help. Safer Internet Day Assembly Resources from ThinkUKNow Teachers portal: Jigsaw. (Also available from teachertube or YouTube) Resource pack contains video with resources for activities to for KS2. https://www.thinkuknow.co.uk/teachers/</p>

<p>Year 6 Autumn 2</p>	<p>GETTING ON AND FALLING OUT</p> <ol style="list-style-type: none"> 1. Working in groups. 2. Difference - a barrier to friendship? 3. Conflict resolution. 4. Conflict resolution. 5. Revisiting anger. 	<p>ABCD: Generic</p>	<p>DATE Spiral Curriculum: Activity 5. Identify positive ways to face new challenges e.g. the transition to secondary schools.</p>	<p>Character: Section 2 Developing Me, Values Pg 34</p> <p>British Values</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 1, 2, 3, 4, 5, 6, 7 - Feelings, Friendship and Relationships. Living and Growing video.</p>	<p>Prevent: The Growth of Culture: Investigating the importance and influence of immigration http://www.preventforschools.org/index.php?category_id=67</p>
<p>Year 6 Spring 1</p>	<p>GOING FOR GOALS</p> <ol style="list-style-type: none"> 1. Ladder to success. 2. I would but..... 3. Excuses, excuses. 4. Making wise choices. 	<p>ABCD: Disability</p>	<p>Teaching Drugs with conf: Lesson 2 Volatile Substance Abuse and Getting Help</p> <p>DATE Spiral Curriculum: Activity 7. Make judgements and decisions, list some ways of resisting negative peer pressure and keeping safe.</p>	<p>Character: Section 2 Developing Me, Resilience Pg 37</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 2 Understanding Relationships</p> <p>Real Love Rocks: Session 2 Grooming</p>	<p>Sexting Sexting advice from Childline http://www.childline.org.uk/explore/online-safety/pages/sexting.aspx?utm_source=google&utm_medium=cpc&utm_campaign=NSPCC_-_Sexting&utm_term=facts_about_sexting&gclid=CJefrN2MjsACFQsKwwodXTMAOA&gclsrc=aw.ds Introduces the ZipIT app for phones. Free to download. Look in the store for your phone.</p>

<p>Year 6 Spring 2</p>	<p>GOOD TO BE ME</p> <ol style="list-style-type: none"> 1. Feeling good about myself. 2. Anxious and worried. 3. Standing up for what I think. 4. Assertiveness. 5. Understanding my feelings. 	<p>ABCD: Homophobia 1</p>	<p>DATE Spiral Curriculum: Activity 5. Express views confidently and listen to others, show respect for the views of others.</p>	<p>Character: Section 2 Interpersonal Effectiveness Pg 39</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>SRE Spiral Curriculum: Activity 8 – 20 – All change! Living and Gowing video.</p>	
<p>Year 6 Summer 1</p>	<p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Our special people. 2. Loss. 3. Losses. 4. Helping others. 5. Breaking friends. 	<p>ABCD: Homophobia 2</p>	<p>Teaching Drugs with conf: Lesson 3 Help Advice and Support</p> <p>DATE Spiral Curriculum: Activity 1. Knowledge and effects of drugs and associated risks.</p>	<p>Character: Section 2 Social Effectiveness Pg 43</p> <p>CU 12 Moving On Sections 1,2,3,4 and 5</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 3 Conception and Pregnancy</p> <p>SRE Spiral Curriculum: Activity 21 22, 23, 24, 25, 26 – Stereotypes. The role of the media and safety</p> <p>Real Love Rocks: Session 3 Keeping Safe</p>	<p>CSE Real Love Rocks (See RSE column for sessions)</p> <p>Real Love Rocks is a programme developed by Barnardo's Safer Futures West Child Sexual Exploitation Service to promote healthy, consensual safe, relationships amongst children and young people. It seeks to raise awareness of grooming, child sexual exploitation and online safety. http://www.barnardosrealloverocks.org.uk/</p>

<p>Year 6 Summer 2</p>	<p>CHANGES</p> <ol style="list-style-type: none"> 1. Understanding feelings about change. 2. Understanding how thoughts, feelings and behaviour are linked. 3. Saying goodbye and moving on. 	<p>Mental health.</p> <p>ABCD: Race</p>	<p>DATE Spiral Curriculum:</p> <p>Activity 3. Identify and explain how to manage risks and keep safe.</p>	<p>Character: Section 2 Effectiveness in the Wider Community Pg 48</p> <p>RA Values Circles</p> <p>Growth Mind-set Language</p>	<p>Teaching SRE with conf: Lesson 4 Communicating in Relationships</p> <p>Living and growing video - Channel 4</p> <p>Real Love Rocks: Session 4 Online Safety</p>	
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