

## Personal Social and Emotional Development

- 🌈 Play a board game taking turns with your family.
- 🌈 Make a special card for a family member.
- 🌈 Play hide and seek.
- 🌈 Play a parachute game with a large bed sheet and balloons.
- 🌈 Have an indoor picnic with your favourite teddies.
- 🌈 Do something kind for someone in your family.
- 🌈 Tidy your bedroom and toys when you are finished.
- 🌈 Make a friendship bracelet for a friend.

## Physical Development

- 🌈 Make an obstacle course in your garden.
- 🌈 Get dressed by yourself.
- 🌈 Complete a Joe Wicks Body Coach Kids workout.
- 🌈 Enjoy a Cosmic Yoga adventure.
- 🌈 Learn to wash your hands properly.
- 🌈 Make a paper chain to decorate your bedroom.
- 🌈 Time how long you can balance on one leg.
- 🌈 Time how many times you can run around your garden in a minute.

## Communication and Language

- 🌈 Facetime a family member and tell them why you love them.
- 🌈 Play eye spy.
- 🌈 Play musical statues.
- 🌈 Have a karaoke singing party with your family.
- 🌈 Play Simon Says...
- 🌈 Listen to your favourite song and learn the words.

## Literacy

- 🌈 Make a reading den with cushions and blankets.
- 🌈 Listen to a story every day.
- 🌈 Read a story in an unusual place in your house.
- 🌈 Make a bookmark.
- 🌈 Look at the pictures in a book and retell your own version of the story.
- 🌈 Use chalks or water and paintbrushes outside to draw a picture.
- 🌈 Write a letter to a neighbour.



# Early Years Home Learning Choice Grid

## Mathematics

- 🌈 Play bingo.
- 🌈 Play a card game.
- 🌈 Complete a puzzle.
- 🌈 Play dominoes.
- 🌈 Make a paper aeroplane and measure which aeroplane flew the furthest.
- 🌈 Can you go on a number hunt around your house and find objects with numbers on.
- 🌈 Sort objects around your house that are the same shape.

## Understanding the World

- 🌈 Plant a seed or a flower.
- 🌈 Make a flower perfume potion.
- 🌈 Make a bird feeder.
- 🌈 Make a jam sandwich.
- 🌈 Build a boat that will float in the bath or sink.
- 🌈 Do some gardening.
- 🌈 Make some playdough.
- 🌈 Do some baking or cooking.
- 🌈 Make a mud pie.
- 🌈 Go on a mini-beast hunt.

## Expressive Arts and Design

- 🌈 Build a vehicle out of a cardboard box.
- 🌈 Make a pair of binoculars with toilet rolls or tubes of paper and look out of the window at the birds.
- 🌈 Role-play your favourite character and create your own play to perform to your family.
- 🌈 Make a dance routine and film it to send to someone in your family.
- 🌈 Use an old sock to make a sock puppet.
- 🌈 Paint a picture of what you can see out of your window.
- 🌈 Build a model using Lego or blocks.

## Family Time

- 🌈 Have a bubble bath and make a tea party in the bath with cups and saucers.
- 🌈 Create a treasure hunt with a map for your family.
- 🌈 Find out what your family members favourite things are; food, films, songs, colours.
- 🌈 Have a family film night with popcorn.
- 🌈 Have a duvet day with your family watching your favourite television programmes.
- 🌈 Set your dinner table counting how many of each cutlery, plates and cups you need for your family.
- 🌈 Wrap up warm and go out when it is dark and look up at the stars with your family.